PSAT Results & Early College Planning

Informational Session
BHS Counseling Department

How BHS Prepares Students for College & Career

Curriculum

- Connecticut Common Core Standards (CCCS)
- Next Generation Science Standards (NGSS)
- State Social Studies frameworks

Instruction

Gradual Release of Responsibility

Assessment

- Common across courses
- STAR Math and Reading
- PSAT
- SAT



Comprehensive School Counseling Program

• 9th Grade

- Transition to High School
- Learning Styles/Study Skills
- Club Fair
- PSAT

10th Grade

- Transcript Review and Goal Setting
- Resume Development
- Career Exploration
- Career Fair
- PSAT

• 11th Grade

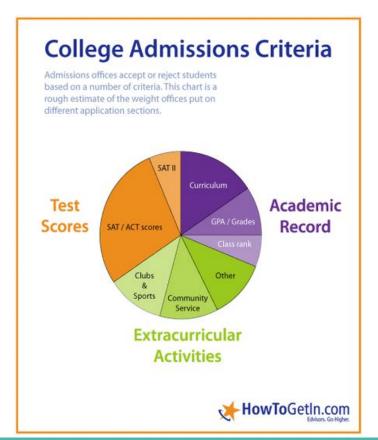
- Post High School Planning
- College & Career Exploration
- Individual Junior Advisement Meetings
- Resume Development
- College Essay Development
- PSAT & SAT

• 12th Grade

- Post High School Planning
- College Application Process
- Funding College
- Transition to Post High School Path

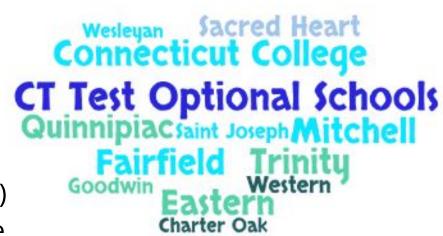
College Admissions Overview

- Rigor of Curriculum
- Grades
- Admissions Test Scores
- College Essay
- Letters of Recommendation
- Extracurricular Activities & Community Service
- Supplemental Materials (e.g., auditions, portfolios)
- Interview



Overview of College Admissions Testing

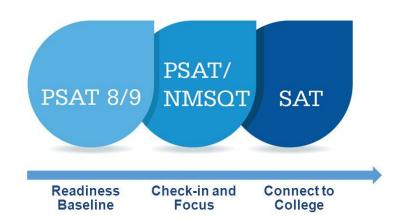
- Most colleges/universities require college admissions testing (SAT or ACT)
- Some of the most selective colleges/universities require SAT Subject Tests (SAT II Tests)
- Some colleges/universities are test optional (<u>fairtest.org</u>)



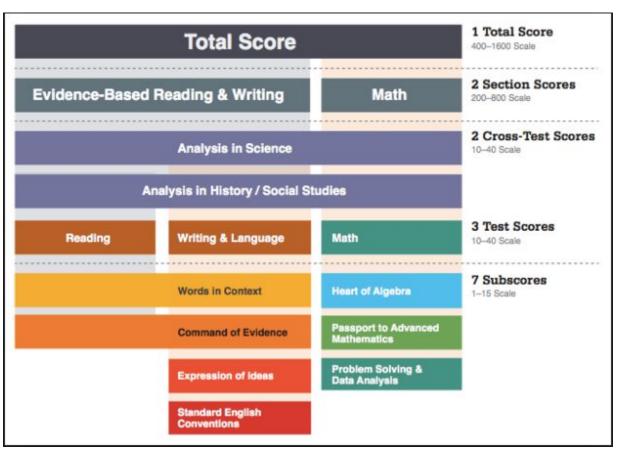
Introduction to PSAT

- All 9th, 10th, and 11th grade students take in the fall at BHS
- Exposes students to the SAT
- Provides results which can be used as a resource to prepare for the SAT
- Used to determine National Merit Scholarship eligibility for 11th graders

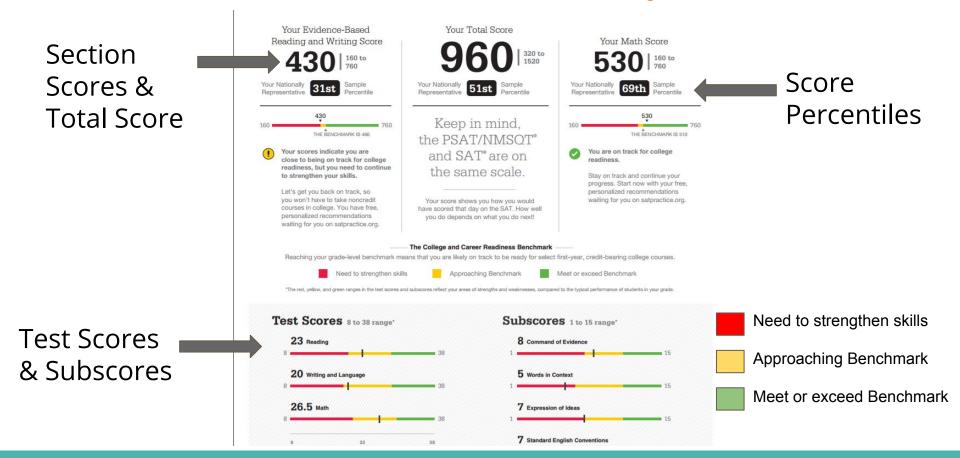
The SAT® Suite of Assessments



SAT & PSAT Scores



PSAT - Scores & What They Mean



PSAT - Scores & What They Mean





National Merit Scholarship (nationalmerit.org)

Areas Needing **Improvement**

More Resources



PSAT - Scores & What They Mean

Question-Level Feedback

View Questions & Answer **Explanations**

| 4 | В | A | | WIC | | 4 | C | A | 1000 | SEC | |
|----|---|---|-----|---|-----|----|---|---|------|----------|-----|
| 5 | C | 1 | | | | 5 | В | D | | SEC | |
| 6 | D | 1 | | | | 6 | В | D | *** | COE, EOI | HSS |
| 7 | В | 1 | *** | COE | | 7 | A | D | 111 | WIC, EOI | HSS |
| 8 | A | 1 | | WIC | | 8 | В | C | | EOI | HSS |
| 9 | D | 1 | | WIC | | 9 | A | В | 111 | WIC, EOI | HSS |
| 10 | A | 1 | | | HSS | 10 | D | 1 | 888 | SEC | |
| 11 | D | C | | WIC | HSS | 11 | D | ~ | | COE, EOI | HSS |
| 12 | D | В | | WIC | HSS | 12 | В | 1 | *** | SEC | |
| 13 | D | A | | COE | HSS | 13 | С | 1 | 111 | SEC | |
| 14 | A | C | | | HSS | 14 | С | В | | SEC | |
| 15 | C | В | | COE | HSS | 15 | D | 1 | | WIC, EOI | SCI |
| 16 | В | C | | | HSS | 16 | В | A | | SEC | |
| 17 | D | C | | | HSS | 17 | В | D | *** | SEC | |
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| 19 | A | 1 | | | SCI | 19 | В | 1 | 111 | EOI | sci |
| 20 | C | 1 | 881 | | SCI | 20 | С | D | 1111 | COE, EOI | SCI |
| 21 | В | D | | COE | SCI | 21 | A | 1 | | COE, EOI | SCI |
| 22 | D | 1 | | | SCI | 22 | A | В | 111 | WIC. EOI | SCI |
| 23 | В | D | | | SCI | 23 | С | В | 111 | WIC. EOI | |
| 24 | D | 1 | | WIC | SCI | 24 | D | C | 111 | SEC | |
| 25 | C | 1 | | WIC | SCI | 25 | C | D | 111 | SEC | |
| 26 | В | A | | | SCI | 26 | A | 1 | | COE, EOI | |
| 27 | В | C | 111 | | SCI | 27 | A | D | *** | EOI | |
| 28 | A | C | | COE | SCI | 28 | В | 1 | | COE, EOI | |
| 29 | D | A | | WIC | HSS | 29 | D | A | | WIC, EOI | |
| 30 | В | A | | | HSS | 30 | С | В | 111 | SEC | |
| 31 | D | 1 | | COE | HSS | 31 | D | 1 | 111 | EOI | |
| 32 | A | 1 | *** | | HSS | 32 | В | - | | SEC | |
| 33 | C | 1 | | COE | HSS | 33 | D | 1 | 111 | SEC | |
| 34 | A | В | | WIC | HSS | 34 | D | В | | EOI | |
| 35 | A | В | | | HSS | 35 | D | 1 | | SEC | |
| 36 | С | 0 | 111 | | HSS | 36 | B | A | | EOI | |
| 37 | В | C | | | HSS | 37 | C | D | 1111 | COE, EOI | |
| 38 | C | D | | | HSS | 38 | A | 1 | 111 | SEC | |
| 39 | C | 1 | | | SCI | 39 | c | 1 | | SEC | |
| 40 | C | 1 | | | SCI | 40 | D | A | | WIC, EOI | |
| 41 | В | 1 | | | SCI | 41 | D | В | | SEC | |
| 42 | В | 1 | | COE | SCI | 42 | A | Ø | | SEC | |
| 43 | A | В | | OOE | SCI | 43 | c | В | 111 | COE, EOI | |
| 44 | A | / | | WIC | SCI | 44 | В | C | | WIC, EOI | |
| 45 | A | C | | *************************************** | SCI | | 3 | | | THO, EUI | - |
| 46 | D | A | | COE | SCI | | | | | | |
| 47 | C | B | | COE | SCI | | | | | | |

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See the questions, and the answer explanations, online studentscores.collegeboard.org

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Ima B. Student 2016, Grade: 11th Grade

| Onestion # | Correct | Your Answer | Difficulty | Subscore | Cross-Test Score | Question # | Correct | Your Answer | Difficulty | Subscore | Cross-Test |
|------------|---------|-------------|------------|----------|---------------------|------------|---------|-------------|------------|------------|------------|
| | | | M | ath T | est-N | o Ca | lcu | lato | or | | |
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| 30 | 1368 | | | | | | | Ø | *** | PSD | F |
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| 28 | 65 | | | | | | | 60 | *** | HOA | |
| Question # | Correct | | | | | | | Your Answer | Difficulty | Subscore | Cross-Test |
| 14 | C | 1 | *** | PSD | SCI | | | | | | |
| 13 | В | 1 | | PSD | | 27 | D | A | *** | HOA | |
| 12 | A | 1 | | PSD | | 26 | D | ~ | *** | PAM | |
| 11 | D | 1 | | PSD | HSS | 25 | В | A | *** | PSD | 8 |
| 10 | D | C | | HOA | - | 24 | C | Ø | | PAM | S |
| 9 | A | 1 | | PAM | - | 23 | D | В | | HOA | 5 |
| 8 | B | -/ B | | PSD | - | 21 | D | C | *** | HOA PAM | + |
| 6 | A | ~ | *** | PSD | - | 20 | B | ~ C | *** | PAM | + |
| 5 | В | C | 100 | PSD | | 19 | C | A | 111 | HOA | - |
| 4 | D | - | | HOA | | 18 | В | A | | PSD | H |

| Oneston | Correct | Your Ans | Difficulty | Subscore | Cross-Tee Score | Question | Correct | Your Ans | Difficulty | Subscore | Cross-Tee |
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| 1 | D | 1 | | PAM | T | 8 | В | C | | HOA | |
| 2 | A | 1 | | PAM | SCI | 9 | C | 1 | | HOA | |
| 3 | В | 1 | | PAM | | 10 | D | 1 | | HOA | HSS |
| 4 | C | В | | PAM | | 11 | A | C | *** | | |
| 5 | C | 1 | | HOA | | 12 | C | 1 | | PAM | |
| 6 | В | 1 | | HOA | SCI | 13 | В | A | *** | PAM | |
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|------------|---------|-------------|------------|----------|---------------------|
| 14 | 2 | 0 | *** | HOA | |
| 15 | 90 | 80 | *** | HOA | П |
| 16 | 1 | 2 | *** | PAM | |
| 17 | 0 | _ | *** | PAM | |

U Unscorable

Subscore

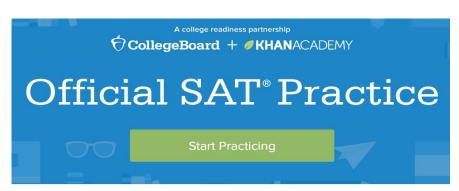
- COE Command of Evidence WIC Words in Context
- EOI Expression of Ideas
- SEC Standard English Conventions
- HOA Heart of Algebra
- PSD Problem Solving and Data Analysis PAM Passport to Advanced Math

Cross-Test Score

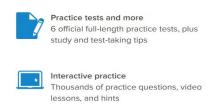
- HSS Analysis in History/Social Studies
- SCI Analysis in Science

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PSAT - What now? Khan Academy



Personalized practice, anytime, anywhere—for FREE.



A tailored practice plan

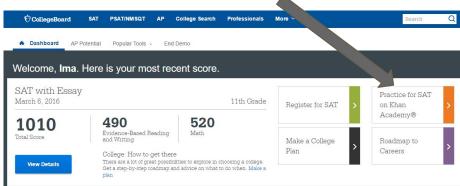
We'll import your PSAT/NMSQT results and pinpoint your areas for practice



Instant feedback

Get constant feedback and progress so you know where you stand

Create or log in to your CollegeBoard account to view your scores and begin using Khan Academy.



SAT vs ACT (adapted from collegeboard.org)

| Structure and Timing | SAT | ACT |
|----------------------|---|--|
| Testing time | 3 hours + 50 minute essay (optional) | 2 hours 55 minutes + 40 minute essay (optional) |
| Structure | 3 test + optional essay Reading Test 65 minutes, 52 questions Writing and Language 35 minutes, 44 questions Math Test 80 minutes, 58 questions | 4 tests + optional essay Reading Test 35 minutes, 40 questions English Test 45 minutes, 75 questions Math Test 60 minutes, 60 questions Science Test 35 minutes, 40 questions |
| Number of questions | 154 | 215 |
| Time per question | 1 minute, 10 seconds | 49 seconds |
| Score range | Composite: 400-1600 | Composite 1-36 |

SAT vs ACT (adapted from collegeboard.org)

| Features | SAT | ACT |
|---------------------------------|-----|-----|
| Tests the vocabulary you'll use | Yes | Yes |
| Everyday math formulas provided | Yes | No |
| Essay is optional | Yes | Yes |
| Penalty for guessing | No | No |

SAT Subject Tests (SAT II)

- College admission exams on specific subjects
- You choose which tests best showcase your strengths
- 1 hour long (up to 3 tests can be taken on a given date)
- Multiple choice
- <u>List of colleges that use</u>
 <u>subject tests</u>



Comparing Scores Among CT Schools





Western Connecticut Stat€

Danbury, CT

Somewhat selective 57% of applicants admitted

Requirements

- SAT Reasoning Test or ACT: Recommended
- SAT Subject Tests: Consider If Submitted

New SAT Scores

- Math: 490-570
- Evidence Based Reading & Writing: 500-610
- Reading Test: 25-30

Old SAT Scores

- Critical Reading: 450-550
- Math: 450-540
- Writing: 450-560

ACT Composite Scores

•



Central Connecticut Stat€

New Britain, CT

Somewhat selective 59% of applicants admitted

Requirements

- Essay(s): Required
- SAT Reasoning Test or ACT: Required

New SAT Scores

- Math: 500-570
- Evidence Based Reading & Writing: 510-610
- Reading Test: 25-30

Old SAT Scores 🔮

- Critical Reading: 460-550
- Math: 460-550
- Writing: 460-550

ACT Composite Scores

• 20-24



University of Connecticut

Storrs, CT

Somewhat selective 53% of applicants admitted

Requirements

- Essay(s): Required
- SAT Reasoning Test or ACT: Required

New SAT Scores 2

- Math: 600-720
- Evidence Based Reading & Writing: 610-700
- Reading Test: 30-35

Old SAT Scores

- Critical Reading: 550-650
- Math: 580-690
- Writing: 550-650

ACT Composite Scores

• 26-31

*Chart generated using Big Future section of CollegeBoard

Frequently Asked Questions

Should I take the SAT, ACT, or both?

- Colleges will accept either the SAT or ACT.
- We recommend students take one SAT and ACT and then focus on the test on which they performed better and retest as needed.

How many times should I take them?

- Simply retesting will not necessarily improve scores.
- We recommend that students complete some type of targeted test preparation/intervention in order to see score improvement.

Should I take a test with an essay?

- Some of the more selective colleges require the SAT/ACT with essay.
- Some students like to have that score just in case a school requires it.

Frequently Asked Questions

What will colleges see?

 Most colleges utilize Score Choice and will only see the scores you choose to send them.

What is superscoring?

- Combining section scores from different test dates to create a new "superscore"
- Most colleges will superscore the SAT; some will superscore the ACT.

How can I compare an SAT score with an ACT score?

- Collegeboard.org → Concordance tables & score converter
- What can I do as a parent to help my student?
 - Help ease students' anxiety about the tests
 - Help students determine if test prep is needed and the best option

Suggested Testing Timeline

| Freshman & Sophomore Year | Fall - PSAT Test |
|---------------------------|---|
| Junior Year | Fall - PSAT Test |
| | Winter/Spring - Use PSAT results to prepare for SAT |
| | March 21 - SAT in School (No registration required) |
| | December-June - Take ACT |
| | Spring/Summer - Take SAT/ACT with Writing and SAT Subject Tests (if needed) |
| Senior Year | Fall - Retest if needed |

Connecticut SAT School Day

- March 21, 2018
- Given in school
- No cost
- School will register students

- Evidence-Based Reading & Writing & Math Sections
- No essay
- Scores can be sent to colleges just like any other SAT test

How to Register

Register for SAT and SAT Subject Tests at CollegeBoard.org

Register for ACT at ACT.org

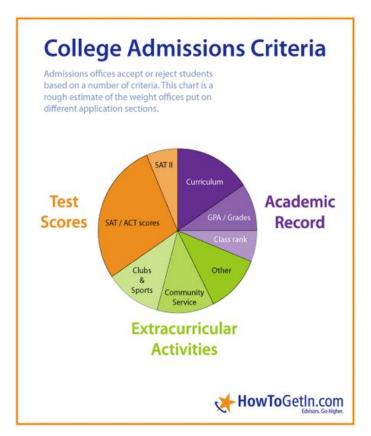
 Fee waivers are available to those participating in the free/reduced lunch program - Talk with your school counselor if you are enrolled. (Counselors don't have access to this information and therefore don't contact families.)

Test Prep Options

- Khan Academy
- CollegeBoard.org and ACT.org
- More test prep resources on BHS School Counseling website
- Local test prep companies
 - Group/classroom settings
 - Weekend bootcamps
 - Individual tutoring
- Use PSAT Results & knowledge of yourself as a learner to choose which test prep method is best for you!

College Admissions Overview

- Rigor of Curriculum
- Grades
- Admissions Test Scores
- College Essay
- Letters of Recommendation
- Extracurricular Activities & Community Service
- Supplemental Materials (e.g., auditions, portfolios)
- Interview



College is a match to be made, not a prize to be won.

"For many of these young people, the biggest single stressor is that they never get to the point where they can say, "I've done enough, and now I can stop." There's always one more activity, one more thing to do in order to get into a top college. Kids have a sense that they're not measuring up. The pressure is relentless and getting worse."

"Why Are More American Teenagers Than Ever Suffering from Severe Anxiety?" Benoit Denizet-Lewis

Transcript & Grades

- Seniors applying to college will send transcripts that show:

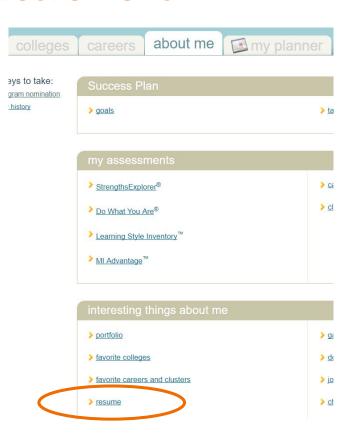
 - 9th, 10th, and 11th grade courses and final grades
 9th, 10th, and 11th GPA AND Cumulative GPA (weighted)
 - Senior Year Courses
- Colleges don't just look at the GPA; they also consider the rigor or a student's curriculum.
 - Students should challenge themselves appropriately and consider courses related to an anticipated field of study.
 - Senior year courses are also taken into consideration.

Transcript & Grades

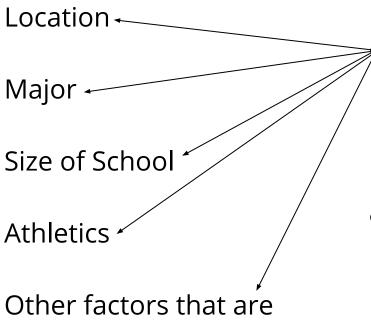
- Senior year matters!
 - Some colleges will want to see first quarter and/or first semester grades.
- The school will also report decile ranking when sending transcripts.
 - Based on cumulative GPA
 - Shows where you rank in class (i.e., top 10%, top 20%, top 30%, etc.)

Extracurricular Involvement

- Colleges want students who will be active, engaged members of the campus community.
- It's about quality, not quantity.
- Students should seek out opportunities for extracurricular involvement and community service that align with their interests. Check the School Counseling website for updated opportunities.
- Keep resume updated in Naviance.



Starting the College Search



important to you

Identify the MOST important, key aspects you are looking for in a college.

 If you don't have a major in mind, that's OKAY! Your search will focus more on college environment and other factors.

"Goldilocks Search"

- Visit a small, medium, and large size school.
- Visit both a private and public school.
- Go on tours with your friends ... check out schools you might not have considered!

- Start a broad search with an open mind.
 Look at a wide range of schools.
- What are you looking for? You don't know until you start to look!

College Visits

- April vacation is a great time to start looking at schools!
 Make your list of all the schools you want to see, and visit their websites for information about tour options and dates.
- In addition to taking a tour, consider scheduling an appointment with an admissions counselor if possible.
- Make a list of possible questions and DO YOUR RESEARCH in advance!

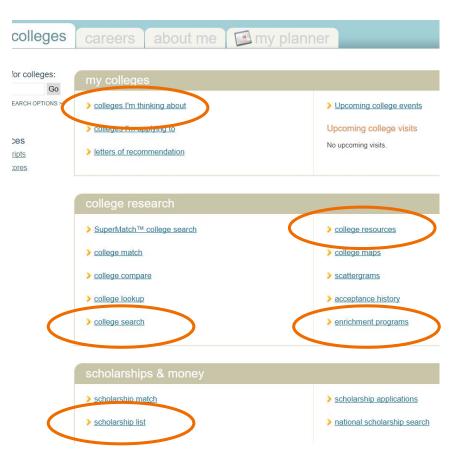
College Fairs & College Rep Visits

- Local college fairs are great opportunities to speak with representatives from a wide variety of schools. The Danbury Mall usually hosts one in October.
- In the fall many college representatives will visit BHS. Sign up on Naviance to speak with the people who will most likely be reviewing your application.



Naviance

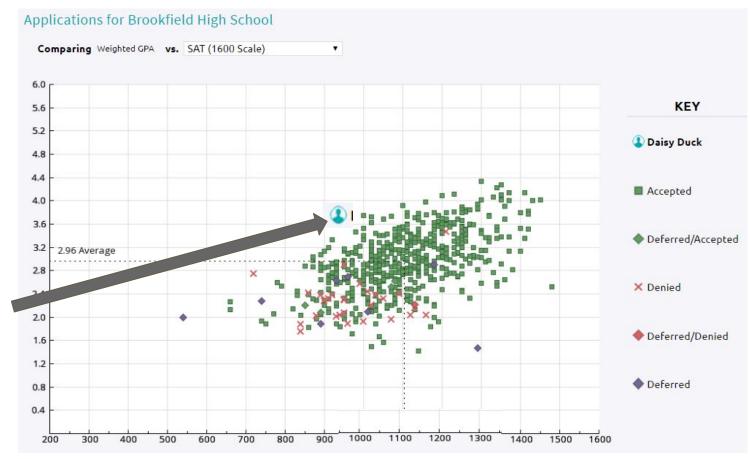
- Using the Colleges tab you can:
 - Conduct a College Search
 - Examine scattergrams to help determine chances of admissions
 - Add schools of interest to the "Colleges I'm Thinking About" list
 - Search for scholarships and summer/enrichment opportunities (also on Counseling Dept website)
 - Explore majors and careers



Naviance - Scattergrams <u>Step 1</u>: Type in the name of a college, or colleges about me careers use the college <u>Step 2</u>: search tool search for colleges: college lookup Select the to generate Go Name college a list of MORE SEARCH OPTIONS >> Western Connecticut State University results. <u>Step 3</u>: Western Connecticut State University 🔿 Communicate v Apply online Click on the Danbury, CT, US | wcsu.edu Admissions Tab Student Life Admissions Studies

Naviance - Scattergrams

<u>Step 4</u>: View BHS applicants' admission status based on GPA + test scores & see where you are in the chart.



Additional Resources

 CollegeBoard *Use the **BigFuture** section to access information on planning for college, finding colleges, exploring majors and careers, getting application advice, and paying for college *Explore AP test options

- Rugg's list: Ask your counselor for a copy of the best schools for a specific major.
- US News
- Fiske Guide
- Princeton Review
- 350 Best Colleges: Princeton Review

New England Regional Tuition Break Program

- **Get comparable in-state tuition at out-of-state schools**. Some majors that are not offered by a CT State College are eligible for a reduced tuition amount at other New England region state schools.
- **Visit** <u>www.nebhe.org</u> to see a list of participating schools in the New England region, as well as eligible majors for CT residents.
- Some of the majors: Architecture (BFA), Business Psychology, Cinema Production, Creative Writing (BFA), Dance, Entrepreneurship, Ethnic and Gender Studies, Fashion Design & Retailing, Film Media/Studies, Game Design, Homeland Security, Meteorology, Music Business, Photography

Connecticut Transfer Ticket Program

- Begin at CT community college
- Complete 2 years (earn Associate's Degree)
- Maintain 2.0 GPA
- Transfer to CT state school (i.e., Western, Southern, Central, or Eastern)
- Complete 2 more years to earn Bachelor's Degree
- 26 Available Majors
- http://www.ct.edu/transfer/tickets

Financial Aid

We'll host a Financial Aid Night in the fall with more detailed information.

FAFSA – <u>www.fafsa.ed.gov</u>

 an application required to be considered for grants, loans and work study

CSS Profile – <u>www.collegeboard.org</u>

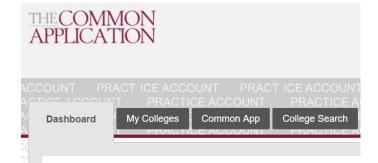
 an application required by some private schools to help them determine eligibility for financial aid

Scholarships

Research scholarships using the School Counseling website, websites
of the colleges you are considering, and Naviance.

Common App

- One standardized online application (with supplemental requirements for each school)
- Accepted by over 600 colleges/universities
 - Naviance will note if a school is a Common App school.
- Rising seniors can begin filling out the application in August before senior year.
- Essay component Students will draft an essay in their junior English class.



Hello!

Welcome to the Common App! This is the Common App Dashboard, I applications, including deadlines, requirements, and progress. The mayou to different parts of the system to complete each section of your a

Let's get started:

- · Answer application questions on the Common App tab
- · Add colleges on the College Search tab
- · Get help using the Help Center on the right side bar

Once you have added colleges, you will see them displayed here on t to review requirements specific to each of them on the My Colleges ta

Student Athletes

- In order to be eligible for DI and DII athletics, you must register with the NCAA Eligibility Center - <u>www.eligibilitycenter.org</u>
- By the end of Grade 11
 - Register with the NCAA Eligibility Center. Once you've registered, Mrs.
 Sanchez will be notified to send your transcript.
 - Submit SAT/ACT scores to the NCAA using code 9999.
- High school coaches can be a great resource throughout this process.
- When visiting colleges, consider reaching out to coaches to set up a meeting.

Other Tips for the College Search Process

- Create an appropriate personal e-mail address that can be used to receive and organize information from colleges.
- Be mindful of social media posts. Some colleges review applicants' social media accounts as part of the admissions process.
- Students should take the lead on their college search process. They
 should reach out to college representatives, ask questions during their
 tours, and complete their own applications. Counselors are here to
 support students through this process.

Next Steps

9th Graders

- *Link PSAT scores to Khan Academy to prepare for 10th grade PSAT
- *Get involved in extracurriculars
- *Develop strong study skills and seek out extra help if needed
- *Work with teachers & counselor to develop 10th grade schedule
- *Meet with counselor during second semester to review the year and plan for next year

10th Graders

- *Review PSAT results & use Khan to prepare for 11th grade PSAT
- *Continue extracurricular involvement and consider new opportunities
- *Keep resume updated
- *Work with teachers & counselor to develop 11th grade schedule
- *Begin career exploration in school and through outside research and experiences

11th Graders

- *Review PSAT results and consider test prep options
- *Develop testing timeline and consider taking ACT
- *Meet with Mrs. Lungariello for individual junior advisement
- *Begin college search process through research and visits
- *Work with teachers & counselor to develop 12th grade schedule

Thank you for attending!

Refer to the Counseling Department website for updated information about <u>scholarships</u> and <u>student opportunities</u>.

Follow us on Twitter <u>@CounselorBobcat</u> for info and tips about the college application process and scholarships.



We are here to help!

BHS Counseling Department

Jennifer Gioglio - A - Di

Gina Vanak - Do - K

Debbie Burch - L - Q

Kaitlyn McCabe - R - Z

Shannon Lungariello - College/Career

Jaime Sanchez - Secretary