



# Brookfield Public Schools



*"Create Your Tomorrow"*

Dear Families,

Netflix has released a second season of the television show, *13 Reasons Why*. The show appeals to and is marketed for young people, however, it features very serious themes that are difficult for children and adolescents, specifically: graphic depictions of suicide, sexual assault, substance abuse, and bullying.

**Young people should not watch this show, especially, if they are at-risk for depression, anxiety, or suicidal thoughts.**

If your child does watch the show, we strongly recommend that you watch with it them, in order to monitor your child's emotional reactions to the content, and to open dialogue with your child in case they have questions or concerns after viewing the series.

Attached please find a parent support document to help guide conversations regarding this film. The Suicide Awareness Voices of Education (SAVE) in collaboration with a number of national and international organizations, including American Psychiatric Association and National Association of School Psychologists developed the support document.

If your child needs help, please reach out to our school staff. We have school social workers, school psychologists, and school counselors in every building who are prepared to support students. We can also provide information to you about resources in the community.

Sincerely,

Dr. John W. Barile & Dr. Christine Sipala  
Superintendent          Director of Pupil Services

*The sole reason for the existence of our profession is the student*