

Curriculum Mapping Teacher: Mac / Coloneri / O'Doherty Content Area: P.E. 2010-2011
Grade: 5-8

Content Unit Title/ Approx. MQ/ date:	Soccer	Touch Football	Fitness	Team Handball	Basketball
<p>Content / Essential Understandings</p>	<p>Rules; Strategies; Demonstrations; Safety Expectations; Terminology</p> <p>Developing motor skills and movement patterns are needed to perform a variety of physical activities and are the foundation of a more active and productive life.</p> <p>Learning and performance of physical activities requires understanding of movement concepts, principles, strategies and tactics.</p> <p>Participating in regular physical activity is critical to the development and maintenance of good health.</p> <p>Incorporating fitness and wellness concepts into your daily routine will improve your overall quality of life.</p>	<p>Rules; Strategies; Demonstrations; Safety Expectations; Terminology</p> <p>Developing motor skills and movement patterns are needed to perform a variety of physical activities and are the foundation of a more active and productive life.</p> <p>Learning and performance of physical activities requires understanding of movement concepts, principles, strategies and tactics.</p> <p>Participating in regular physical activity is critical to the development and maintenance of good health.</p> <p>Incorporating fitness and wellness concepts into your daily routine will improve your overall quality of life.</p>	<p>Rules; Strategies; Demonstrations; Safety Expectations; Terminology</p> <p>Developing motor skills and movement patterns are needed to perform a variety of physical activities and are the foundation of a more active and productive life.</p> <p>Learning and performance of physical activities requires understanding of movement concepts, principles, strategies and tactics.</p> <p>Participating in regular physical activity is critical to the development and maintenance of good health.</p> <p>Incorporating fitness and wellness concepts into your daily routine will improve your overall quality of life.</p>	<p>Rules; Strategies; Demonstrations; Safety Expectations; Terminology</p> <p>Developing motor skills and movement patterns are needed to perform a variety of physical activities and are the foundation of a more active and productive life.</p> <p>Learning and performance of physical activities requires understanding of movement concepts, principles, strategies and tactics.</p> <p>Participating in regular physical activity is critical to the development and maintenance of good health.</p> <p>Incorporating fitness and wellness concepts into your daily routine will improve your overall quality of life.</p>	<p>Rules; Strategies; Demonstrations; Safety Expectations; Terminology</p> <p>Developing motor skills and movement patterns are needed to perform a variety of physical activities and are the foundation of a more active and productive life.</p> <p>Learning and performance of physical activities requires understanding of movement concepts, principles, strategies and tactics.</p> <p>Participating in regular physical activity is critical to the development and maintenance of good health.</p> <p>Incorporating fitness and wellness concepts into your daily routine will improve your overall quality of life.</p>

	Exhibiting responsible personal and social behavior that respects self and others is vital during physical activity. Sustaining a physically active lifestyle enhances overall health, enjoyment, challenge, self-expression and/or social interaction.	Exhibiting responsible personal and social behavior that respects self and others is vital during physical activity. Sustaining a physically active lifestyle enhances overall health, enjoyment, challenge, self-expression and/or social interaction.	Exhibiting responsible personal and social behavior that respects self and others is vital during physical activity. Sustaining a physically active lifestyle enhances overall health, enjoyment, challenge, self-expression and/or social interaction.	Exhibiting responsible personal and social behavior that respects self and others is vital during physical activity. Sustaining a physically active lifestyle enhances overall health, enjoyment, challenge, self-expression and/or social interaction.	Exhibiting responsible personal and social behavior that respects self and others is vital during physical activity. Sustaining a physically active lifestyle enhances overall health, enjoyment, challenge, self-expression and/or social interaction.
Essential Questions:	What knowledge and skills are necessary to successfully play the sport of soccer? What is the role of cooperation and teamwork when playing soccer? What are the potential life-long benefits of participating in physical activities?	What knowledge and skills are necessary to successfully play the sport of football? What is the role of cooperation and teamwork when playing football? What are the potential life-long benefits of participating in physical activities?	<i>What can I do to be physically active, and why is this important?</i> <i>Why is it important to be physically fit and how can I stay fit?</i> <i>How will physical activity help me now and in the future?</i>	What knowledge and skills are necessary to successfully play the sport of Handball? What is the role of cooperation and teamwork when playing Handball? What are the potential life-long benefits of participating in physical activities?	What knowledge and skills are necessary to successfully play the sport of basketball? What is the role of cooperation and teamwork when playing basketball? What are the potential life-long benefits of participating in physical activities?
Skills and expected performances	Dribbling Passing Shooting Goaltending Throw-ins Defense	Passing Catching Kicking Centering Patterns/ Team plays Dodging/ Fleeing	Curl-ups Push-ups Sit and reach Mile walk/ run	Moving to open space Give and Go Throwing/ Catching Goal tending Shooting Zone defense Team strategy	Dribbling Shooting Person-to-person defense Passing Lay-ups Game play/ strategies
Assessment	Self-assessment Teacher observation Frequent teacher questioning Peer-assessment	Self-assessment Teacher observation Frequent teacher questioning Peer-assessment	Connecticut State Physical Fitness Test Self-assessment Teacher observation Frequent teacher	Self-assessment Teacher observation Frequent teacher questioning ion Peer-assessment	Shooting Rubric Self-assessment using digital camera Teacher observation Frequent teacher

			questioning Peer-assessment		questioning Peer-assessment
Curriculum Resources (textbook chapters., novels, supplemental materials):	Pecentral.com Fitness Fun (Tag Games) Guidelines for P.E. Programs Grades K-12 P.E. Teacher's Complete Fitness and Skills Development Activities Program Ready to Use P.E. Activities	Pecentral.com Fitness Fun (Tag Games) Guidelines for P.E. Programs Grades K-12 P.E. Teacher's Complete Fitness and Skills Development Activities Program Ready to Use P.E. Activities	Pecentral.com Fitness Fun (Tag Games) Guidelines for P.E. Programs Grades K-12 P.E. Teacher's Complete Fitness and Skills Development Activities Program Ready to Use P.E. Activities	Pecentral.com Fitness Fun (Tag Games) Guidelines for P.E. Programs Grades K-12 P.E. Teacher's Complete Fitness and Skills Development Activities Program Ready to Use P.E. Activities	Pecentral.com Fitness Fun (Tag Games) Guidelines for P.E. Programs Grades K-12 P.E. Teacher's Complete Fitness and Skills Development Activities Program Ready to Use P.E. Activities
Technology:	Digital camera Computer DVD / VCR Speaker system Cordless mic				

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