

Curriculum Mapping Teacher: Mac / Coloneri / O'Doherty Content Area: P.E. 2010-2011
Grade: 5-8

Content Unit Title/ Approx. MQ/ date:	Volleyball	Floor Hockey	Badminton	Softball	Cooperative Games
Content / Essential Understandings	<p>Rules; Strategies; Demonstrations; Safety Expectations; Terminology</p> <p>Developing motor skills and movement patterns are needed to perform a variety of physical activities and are the foundation of a more active and productive life.</p> <p>Learning and performance of physical activities requires understanding of movement concepts, principles, strategies and tactics.</p> <p>Participating in regular physical activity is critical to the development and maintenance of good health.</p> <p>Incorporating fitness and wellness concepts into your daily routine will improve your overall quality of life.</p> <p>Exhibiting responsible</p>	<p>Rules; Strategies; Demonstrations; Safety Expectations; Terminology</p> <p>Developing motor skills and movement patterns are needed to perform a variety of physical activities and are the foundation of a more active and productive life.</p> <p>Learning and performance of physical activities requires understanding of movement concepts, principles, strategies and tactics.</p> <p>Participating in regular physical activity is critical to the development and maintenance of good health.</p> <p>Incorporating fitness and wellness concepts into your daily routine will improve your overall quality of life.</p> <p>Exhibiting responsible</p>	<p>Rules; Strategies; Demonstrations; Safety Expectations; Terminology</p> <p>Developing motor skills and movement patterns are needed to perform a variety of physical activities and are the foundation of a more active and productive life.</p> <p>Learning and performance of physical activities requires understanding of movement concepts, principles, strategies and tactics.</p> <p>Participating in regular physical activity is critical to the development and maintenance of good health.</p> <p>Incorporating fitness and wellness concepts into your daily routine will improve your overall quality of life.</p> <p>Exhibiting responsible</p>	<p>Rules; Strategies; Demonstrations; Safety Expectations; Terminology</p> <p>Developing motor skills and movement patterns are needed to perform a variety of physical activities and are the foundation of a more active and productive life.</p> <p>Learning and performance of physical activities requires understanding of movement concepts, principles, strategies and tactics.</p> <p>Participating in regular physical activity is critical to the development and maintenance of good health.</p> <p>Incorporating fitness and wellness concepts into your daily routine will improve your overall quality of life.</p> <p>Exhibiting responsible</p>	<p>Rules; Strategies; Demonstrations; Safety Expectations; Terminology</p> <p>Developing motor skills and movement patterns are needed to perform a variety of physical activities and are the foundation of a more active and productive life.</p> <p>Learning and performance of physical activities requires understanding of movement concepts, principles, strategies and tactics.</p> <p>Participating in regular physical activity is critical to the development and maintenance of good health.</p> <p>Incorporating fitness and wellness concepts into your daily routine will improve your overall quality of life.</p> <p>Exhibiting responsible</p>

	<p>personal and social behavior that respects self and others is vital during physical activity.</p> <p>Sustaining a physically active lifestyle enhances overall health, enjoyment, challenge, self-expression and/or social interaction.</p>	<p>personal and social behavior that respects self and others is vital during physical activity.</p> <p>Sustaining a physically active lifestyle enhances overall health, enjoyment, challenge, self-expression and/or social interaction.</p>	<p>personal and social behavior that respects self and others is vital during physical activity.</p> <p>Sustaining a physically active lifestyle enhances overall health, enjoyment, challenge, self-expression and/or social interaction.</p>	<p>personal and social behavior that respects self and others is vital during physical activity.</p> <p>Sustaining a physically active lifestyle enhances overall health, enjoyment, challenge, self-expression and/or social interaction.</p>	<p>personal and social behavior that respects self and others is vital during physical activity.</p> <p>Sustaining a physically active lifestyle enhances overall health, enjoyment, challenge, self-expression and/or social interaction.</p>
<p>Essential Questions:</p>	<p>What knowledge and skills are necessary to successfully play the team sport of volleyball? What is the role of cooperation and teamwork when playing volleyball? What are the potential life-long benefits of participating in physical activities?</p>	<p>What knowledge and skills are necessary to successfully play the sport of floor hockey? What is the role of cooperation and teamwork when playing floor hockey? What are the potential life-long benefits of participating in physical activities?</p>	<p>What knowledge and skills are necessary to successfully play the sport of badminton? What is the role of cooperation and teamwork when playing badminton? What are the potential life-long benefits of participating in physical activities?</p>	<p>What knowledge and skills are necessary to successfully play the sport of softball? What is the role of cooperation and teamwork when playing softball? What are the potential life-long benefits of participating in physical activities?</p>	<p><i>What different ways can the body move given a specific purpose?</i></p> <p><i>How do I interact with others during physical activity?</i></p> <p><i>How can I move effectively and efficiently?</i></p>
<p>Skills and expected performances</p>	<p>Overhand/ Underhand Serving Forearm Pass Spike Setting Rotation</p>	<p>Dribbling Passing Spin moves Defensive/ Offensive positioning Wrist shots</p>	<p>Serving Drop-shot Overhead clear Backhand Front and Back/ Side to Side positioning Keeping Score</p>	<p>Throwing/ Catching Base running Hitting Fielding Double-plays</p>	<p>Working cooperatively Climbing Running / tagging Dodging / fleeing Strategizing</p>
<p>Assessment</p>	<p>Self-assessment Teacher observation Frequent teacher questioning Peer-assessment</p>	<p>Self-assessment Teacher observation Frequent teacher questioning Peer-assessment</p>	<p>Serving Drop-shot Overhead clear Backhand Front and Back/ Side to</p>	<p>Self-assessment Teacher observation Frequent teacher questioning ion Peer-assessment</p>	<p>Shooting Rubric Self-assessment using digital camera Teacher observation Frequent teacher</p>

	Volleyball Rubric	Sportsmanship Rubric	Side positioning Keeping Score		questioning Peer-assessment
Curriculum Resources (textbook chapters., novels, supplemental materials):	Pecentral.com Fitness Fun (Tag Games) Guidelines for P.E. Programs Grades K-12 P.E. Teacher's Complete Fitness and Skills Development Activities Program Ready to Use P.E. Activities	Pecentral.com Fitness Fun (Tag Games) Guidelines for P.E. Programs Grades K-12 P.E. Teacher's Complete Fitness and Skills Development Activities Program Ready to Use P.E. Activities	Pecentral.com Fitness Fun (Tag Games) Guidelines for P.E. Programs Grades K-12 P.E. Teacher's Complete Fitness and Skills Development Activities Program Ready to Use P.E. Activities	Pecentral.com Fitness Fun (Tag Games) Guidelines for P.E. Programs Grades K-12 P.E. Teacher's Complete Fitness and Skills Development Activities Program Ready to Use P.E. Activities	Pecentral.com Fitness Fun (Tag Games) Guidelines for P.E. Programs Grades K-12 P.E. Teacher's Complete Fitness and Skills Development Activities Program Ready to Use P.E. Activities
Technology:	Digital camera Computer DVD / VCR Speaker system Cordless mic				

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