

Brookfield Public Schools
Healthy School Start Time Committee

MINUTES

Tuesday, January 14, 2020

4:30 PM

Brookfield High School, Media Center

The meeting was called to order at 4:30 pm

Present: Rosa Fernandes, Colette Sturm, Dr. John Barile, Laurie Moses, Lou Quinn, Jen Laden, Lisa Whalen, Joy Squintieri, Amy Foster

- The committee approved the minutes from meeting on December 10, 2020

New Business

1. The committee received an update on the Bus Lane Design for the New Building from Eddie Wydolfski from Tecton.
2. Laurie Moses and Colette Sturm shared their detailed analysis of the survey data. Some major takeaways were: 90% of parents reported that sleep was important, 55% of high school students have less than 6 six hours of sleep a night at least once per week, over one-half of high school teachers reported that students are struggling to stay awake during first period.
3. The committee agreed to move forward on the development of a communication plan at our next meeting in which we consolidate our findings in a comprehensible format for the Board of Education and the larger community. Tentatively, we would like to move the process along as follows:
 - Executive Summary (assign groups and tasks - develop during February meeting)
 - Board of Education Presentation (1st March Meeting)
 - Public Forum (end of March/April)
 - Endorsement/Public Outreach (April)
 - Recommendation to the Board (April/May)
 - Board vote (June)

4. Focus groups - Jen Laden will follow-up with John Barille about the possibilities of conducting focus groups to further probe into the data from the surveys

The next meeting is scheduled for February 11, 2020 at 4:30pm at the high school in the media center.

Adjournment was at 6:32 pm.