

Brookfield High School School Counseling News

February 4, 2019

Dear Students and Families,

Sophomores

Counselors have been working with sophomores on understanding the benefits and components of a resume. Students have been creating their first draft in Naviance and are encouraged to continue updating once a semester!

Junior Advisement

Mrs. Lungariello is currently meeting with junior families for post high school planning. An email was sent to all families on January 16th with more information. To schedule a meeting, students should work with their parents to complete the following **Google form**, and then Mrs. Hopcroft will notify families of their scheduled meeting date and time.

Sending Midyear Grades to Colleges

First semester grades will be finalized the week of February 4th, at which time Mrs. Lungariello will email a new Google form and post a link on Naviance that seniors can use to request that first semester grade reports are sent to colleges.

Also:

A reminder -Students can begin making selections for next year's courses on February 11. Please review the email you should have received for more details. Counselors will meet with students during Flex A to review selections before the portal closes on March 8, 2019. We recommend reviewing the [Program of Studies](#) to review graduation requirements and to learn about class offerings. Remember - if you select an elective and receive it, you will need to stick with it! So, be sure to do your research!

BHS Counselors

2019 National School Counseling Week Photo Challenge

Happy National School Counseling Week

Help us celebrate National School Counseling Week by taking a selfie with one of the signs you can pick up in the Counseling Office. Tweet your selfie to us @CounselorBobcat or post to your own social media and show Mrs. Hopcroft to receive a treat!



National School Counseling Week 2019 (#NSCW19) is Feb. 4–8, 2019. The week, sponsored by the American School Counselor Association (ASCA), highlights the unique contribution of school counselors within U.S. school systems and the tremendous impact they can have in helping students achieve school success and plan for a career. Follow #NSCW19 on social media. To learn more about National School Counseling Week, visit www.schoolcounselor.org/nscw

NATIONAL SCHOOL COUNSELING WEEK • FEB. 4-8, 2019

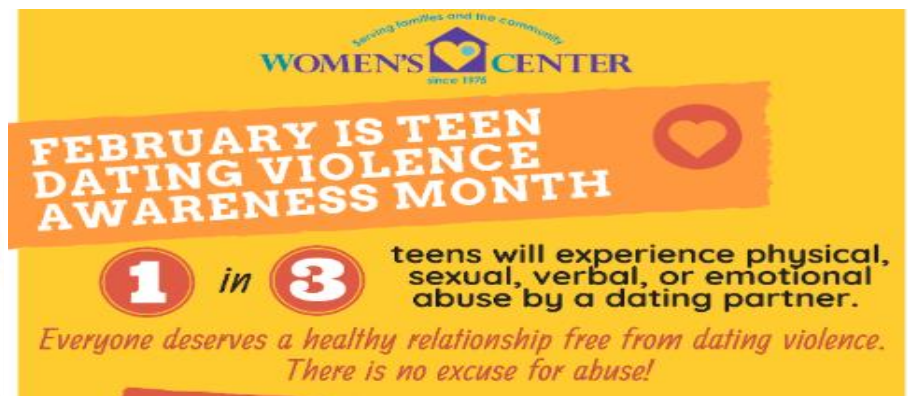
Scholarships!!!



Scholarships

Seniors - Check out some of the new scholarships listed in the [Scholarships Google Document](#) and Naviance-- **including one for ECE students**. Please contact or see Mrs. Hopcroft in the Counseling Office if you need a transcript for a scholarship application, and give teachers and counselors at least 2 weeks notice to prepare letters of recommendation for your application.

February is Teen Dating Violence Awareness Month



#Orange4Love Day

On February 12th wear orange to raise awareness about teen dating abuse and promote healthy relationships.

Resources

- Loveisrespect.org - resources (dating abuse statistics, online safety plan)
 - 1-866-331-9474
 - Text "loveis" to 22522 available 24/7
- One Love Foundation, www.joinonelove.org
- Day One, www.dayoneny.org
- That's Not Cool, www.thatnotcool.com
- Break the Cycle, www.breakthecycle.org
- <https://nrcdv.org/dvam/tdvam> - Domestic Violence Awareness Project with more information, statistics, resources

WOMEN'S CENTER OF DANBURY (203) 731-5206 Domestic Violence Hotline

(203) 731-5204 Sexual Assault Hotline (203) 731-5200 Counseling/Administrative

E-mail: womenscenter@wcoqd.org Website: <http://www.wcoqd.org>



Presidential Volunteer Service Award

America has a long and proud tradition of volunteer service. The President's Volunteer Service Award (PVSA) program is a great way to honor this American tradition and thank those who, by demonstrated commitment and example, inspire others to engage in volunteer service.

The PVSA recognizes individuals, families, and groups who achieve a certain number of service hours within a 12-month period. The award can also be given for cumulative hours earned over the course of a lifetime. The award is earned by:

- Youth, age 14 and under, who complete 50 or more hours of volunteer service;
- Individuals, age 15 and older, who complete 100 or more hours; and
- Families or groups who complete 200 or more hours.

Click on the link for directions to log in and complete the verification form. Verification form is due to the Counseling Office by April 1, 2019

[How to Log Volunteer Service Hours](#)

For more information about the President's Volunteer Service Award, visit www.presidentialserviceawards.gov.

What **You**
Need to
Know **About**
Registering
with **Selective**
Service

- ✓ All 18 year old men must register within 30 days of your 18th birthday.
- ✓ Failure to register could lead to prosecution, prison and fines.
- ✓ Register online at www.sss.gov
- ✓ You will receive a Selective Service card by mail within 2 weeks of registration.

For more information:
Selective Service System
Registration Information Office
P.O. Box 94638
Palatine, IL 60094-4638

Or call 1-847-688-6888



**Register with
Selective Service.**

Use the Internet:
www.sss.gov



UConn Pre-College Summer provides rising high school juniors and seniors (class of 2020 or 2021) the opportunity to live and learn at a nationally ranked public university campus through four challenging and intensive one-week sessions. Applications will be reviewed on a rolling basis and should be submitted before the June 23rd deadline for full consideration. Given that many of our courses fill up quickly, we encourage you to apply now!

2019 Pre-College Summer Dates:

Session 1: July 7 – 13 **Session 2:** July 14 – 20 **Session 3:** July 21 – 27 **Session 4:** July 28 – August 3

A completed online application will require the following information:

- Student and parent/guardian information
- Responses to application questions
- Submission of unofficial transcript reflecting grades and attendance records including current and previous years in high school
- Non-refundable \$40 application processing fee

For more information click on the link: [UConn Pre-College Summer](#)

CT WELLNESS
A collaborative group of independent practitioners serving the mind, body and spirit.

WINTER 2018/2019
Start the New Year with Life Changing Workshops
CT Wellness/CT Counselors

www.ctcounselors.com ctwellnesscollaborative.com

Creative Expressions Group for Teens and Tweens with Michaella Schaum, MEd.

Learn life skills and coping skills to help you deal with stress & anxiety in this on-going Wed night group!

Make & Take! Discover your creative talents and then bring your creations home!

Relax and unwind in a safe and supportive environment with like-minded people.

Get out and do something different! We meet weekly to share stories, give advice and create artwork or crafts as a way to tap into the best version of you.

Wednesdays at 7 pm-8 pm

RSVP: schaum.michaella@gmail.com, 203-512-1185

CTWellnessCollaborative.com, CTCounselors.com | 203-270-9888 | 107 Church Hill Rd. Suite 1 Sandy Hook, CT 06482