

# Brookfield High School

## School Counseling NEWS

November 2018

### *PSAT Score Review and Early College Planning*

Save the Date!

**Tuesday, December 4th at 6:30pm in the auditorium.**

9<sup>th</sup>, 10<sup>th</sup>, and 11<sup>th</sup> grade students and their parent/guardian are invited to attend this evening presentation to review PSAT scores information regarding college admissions testing, college search and exploration as well as other relevant post high school planning topics. More information will follow!

### *Senior Application Update*

As of November 1<sup>st</sup>, 33% of seniors had applied to at least one college or university. 40% of all seniors have chosen to apply as Early Action &/or Early Decision. Please continue to contact a counselor if we can support you through this process.

### **Submitting transcript requests? Keep these dates in mind!**

Remember if you need your transcripts sent to colleges you must complete a “yellow” transcript request form and submit to Mrs. Hopcroft by the deadlines below. If you want a counselor letter you MUST complete the student and parent surveys in “About Me” in Naviance.

<b>If your application is DUE on:</b>	<b>Your paperwork must be TURNED IN by:</b>
December 1	November 15
December 15	November 30
January 1	December 7
January 15	January 2



**HAPPY  
THANKSGIVING!**

## Academic Resources

In addition to seeking help from their teachers, all students are encouraged to access these resources to help support their progress and goals in their coursework:

- NHS Tutoring – students can request a peer tutor by completing a request form in the Library Learning Commons. Tutoring takes place during Flex B in the LLC.
- BHS Writing Center and Math Lab (Room 231) – students can utilize the help of trained peer tutors on an as needed basis for help with any subject – drop-ins are welcome!

## Quarter 1 Grades!

### If your college requires 1st Quarter Grades...

If students would like 1<sup>st</sup> Quarter Grades to be sent to colleges and universities they must complete the request form that was emailed to them by Mrs. Lungariello. Not all schools require first quarter grades. We will not send grades without a completed request form. If your student has any questions about this process, please have them see Mrs. Hopcroft in the School Counseling office.

## SCHOLARSHIPS!

### SCHOLARSHIPS ARE BEING ADDED REGULARLY!

We encourage you to log into Naviance frequently to see what scholarships are available! Go to the “colleges” tab and click “scholarship list” to view the list.

Be sure to also check with the college/universities that you plan to apply to for scholarships that they may have available to you as well.

## Scholarship & Financial Aid Resources



The latest information on college financial aid programs, both federal and state, is now available from the Office of Higher Education. The **2018-19 edition** of [“Paying for College”](#) contains facts about FAFSA, Federal and State Grants & Scholarships, and basic types of Student Aid. [www.ctohe.org](http://www.ctohe.org)



## Hundreds of Programs

Choose from associate, bachelor's, certificate and graduate programs – in all areas of study. Visit [www.nebhe.org/tuitionbreak](http://www.nebhe.org/tuitionbreak) to view all programs.

## Lower Tuition

Eligible students are charged a tuition rate that is much lower than a college's regular out-of-state tuition rate. Average annual saving is \$8,000.

## How to be Eligible

Connecticut residents are eligible when they enroll in programs offered through Tuition Break by out-of-state public colleges or universities. Students apply directly to the colleges, using their admissions applications.

# The Parent Support Network™

## YOU ARE NOT ALONE

The Parent Support Network™ is a program that provides free, confidential, informal, peer to peer meetings for parents who are concerned about their child's emotional and mental health. In-person meetings, guided by trained volunteer Facilitators give parents an opportunity to find support, feel connected, and share resources.

## WHO WE SERVE

Any child can struggle with emotional, mental, or behavioral health at any time, so meetings are open and inclusive to any concerned parents of a child, with or without a diagnosis. The term "parents" is used to describe any adult caregiver, including guardians, parents, grandparents, foster or step-parents, of a young person between the ages of 0 and 24.



For more information, please email [brookfieldpsn@ymhproject.org](mailto:brookfieldpsn@ymhproject.org)  
A program of the Youth Mental Health Project [ymhproject.org](http://ymhproject.org)



# IS YOUR TEENS STASH HIDING IN PLAIN SIGHT?



## HIDDEN IN PLAIN SIGHT

*A PRESENTATION EVERY PARENT MUST SEE*

- A stainless steel water bottle holds a bottle of beer inside.
- A wristwatch on a night stand holds a marijuana grinder and storage compartment.
- The flash drive in the USB port of her laptop? It's a Juul, or type of tiny e-cigarette charging.

Presented by the Connecticut Association of Prevention Professionals

Learn what to look for in your child's bedroom that may indicate they are experimenting with drugs or alcohol and what to say to your child when you find it.

**What:** HIDDEN IN PLAIN SIGHT

**When:** NOV. 14<sup>TH</sup>, 6:30 PM

**Where:** HATTERS BANQUET HALL

7 EAST HAYESTOWN RD, DANBURY

Portuguese & Spanish Translation Offered

