

Brookfield Public Schools

Healthy School Start Time Subcommittee Minutes

Monday, June 3, 2019

4:00 PM

Town School Office Curriculum Room

The meeting was called to order at 4:05 pm

Present: Rosa Fernandes, Jen Laden, Colette Sturm, Dr. John Barile, John Pitt, Lisa Whalen, Laurie Moses, Joy Squintieri and Louis Quinn

New Business

Discussion of Wahlstrom (2017) article- The committee engaged in a protocol and shared their perspectives contained in the article.

Discussion/development of goals- The committee had an initial discussion in trying to narrow down the guiding principles that the committee will adhere to:

- Apply the sleep science
- Wellness focus
- Think Pre-12 not just high school
- Budget neutral
- “Go big or go home”

Survey Development- The committee discussed development of a survey for specific stakeholders. Individual members will come back to the next meeting with sample surveys and other information from districts that have looked into or changed start times.

Committee communication- Discussion of public engagement strategy and considered social media and other means of communication.

The next agenda will involve development of survey (s)

The next meeting is scheduled for July 1, 2019 at 4:00 pm

Adjournment was at 5:40 pm

Respectfully Submitted,
Lisa Gramling, Board Clerk